

Coromandel Community Centre

Connect Contribute Celebrate



Working on core conditioning to help with stability, balance and posture.

All ages and fitness levels welcome.

Classes led by qualified and experienced instructor.

**When: Term 1 2025
30 January - 10 April**

**Time: Thursday
6:15 to 7:15pm**

Cost: \$143 for 11 weeks

**Bookings Essential
Pre-payment per term**

Contact the Centre on 8370 6880
or visit www.coroalive.org.au

Fit Ball Fun